# MENTAL HEALTH SERVICES

The following are organizations that offer mental health services. Please visit <u>www.dmh.dc.gov</u> for additional services that the District of Columbia Government offers.

### **Andromeda Trancultural Health**

www.andromedatransculturalhealth.org

Offers adult psychiatric treatment with access to hospitalization at Washington Hospital Center and Howard University Hospital.

### **Different Avenues**

www.differentavenues.org

Different Avenues has mental health counselors available.

# **HIPS- Helping Individual Prostitutes Survive**

www.hips.org

HIPS facilitates a transgender support group and will make referrals for counseling.

# Ida Mae Campbell Wellness & Resource Center

www.idamaecampbell.org

Provides mental health support groups and individual counseling for its clients.

### La Clinica Del Pueblo

www.lcdp.org

La Clinica provides individual, couple, and family counseling services for a broad range of psychological and psychiatric symptoms, including psychiatric evaluations and treatment. Psycho-educational support groups reach a broad range of patients. Psychological testing for early detection of pathologies among children and adolescents is also delivered.

## PFLAG of Metro DC

www.pflagdc.org

Offers support groups and counseling for friends and families of GLBT residents.

# **Sexual Minority Youth Assistance League (SMYAL)**

www.smyal.org

Makes referrals for counseling and runs support groups for GLBT youth.

#### The Lambda Center

www.thelambdacenter.com

Provides inpatient mental and addiction treatment for GLBT clients.

### The Mautner Project

www.mautnerproject.org

Convenes a variety of support groups and will make referrals to providers they have identified as being culturally competent.

This document was produced by the Mayor's Office of GLBT Affairs | www.glbt.dc.gov

# Transgender Health Empowerment Inc. - T. H.E.

### www.theincdc.org

T.H.E. offers support groups for transgender residents and have some mental health counselors available on staff and through referral.

# Us Helping Us, People Into Living, Inc.

# www.uhupil.org

Us Helping Us provide individual counseling for black gay/bisexual men, who are HIV positive and need to talk about some of their real issues and concerns. U.H.U. also hosts several discussion groups for members of the African – American GLBT community.

### **Whitman-Walker Clinic**

### www.wwc.org

The Behavioral Health Care programs of Whitman-Walker Clinic promote the mental health of gay, lesbian, bisexual and transgender people and people living with HIV/AIDS and their loved ones through a wide variety of both professional and peer based services. Individual and group psychotherapy, psychiatric assessment and other psychosocial support are available through this service.